

ITLS Duty To Respond (DTR) Training – Empowering Immediate Trauma Care

The **International Trauma Life Support (ITLS) Duty To Respond (DTR)** course is a **one-day, hands-on training program** designed to equip first responders, nurses, and entry-level medical personnel with the essential skills to provide **life-saving trauma care in emergency situations**. It emphasizes the ethical and professional responsibility to act when confronted with critical incidents, ensuring that participants are prepared to deliver immediate interventions until advanced medical teams arrive.

Purpose

The DTR course focuses on **rapid, practical skills** that enable responders to stabilize patients in the crucial minutes following injury. It bridges the gap between community responders and professional emergency medical services, ensuring that no patient is left without care during the most vulnerable moments.

Core Training Areas

- **Scene safety and rapid assessment** – Identifying hazards and prioritizing patient needs.
- **Airway management** – Techniques to maintain and secure breathing.
- **Haemorrhage control** – Use of pressure, bandaging, and tourniquets to stop life-threatening bleeding.
- **Immobilization and patient handling** – Safe movement and stabilization of injured individuals.
- **Environmental care** – Managing patients in challenging conditions (heat, cold, confined spaces).
- **Communication and teamwork** – Coordinating effectively with peers and emergency services.

Target Audience

- Nurses and community health workers
- First responders and entry-level medical personnel
- Safety officers, workplace emergency teams, and volunteers

Benefits

- **Confidence to act:** Participants gain the assurance to step forward in emergencies.
- **Practical skill retention:** Small-group, scenario-based training ensures hands-on practice.

- **Ethical empowerment:** Reinforces the moral duty to provide care when lives are at risk.
- **International recognition:** Accredited under ITLS standards, ensuring global credibility.

In short, ITLS DTR Training is about **turning bystanders into lifesavers**—providing the knowledge, skills, and confidence to respond effectively when trauma strikes.