

ITLS Access Training – Building the Foundation for Trauma Care

The **International Trauma Life Support (ITLS) Access** course is an **entry-level trauma care program** designed to introduce participants to the **core principles of emergency response and patient stabilization**. It serves as the **gateway into the ITLS training pathway**, preparing learners with the essential knowledge and confidence to act in trauma situations while laying the groundwork for more advanced ITLS certifications.

Purpose

ITLS Access is tailored for individuals who may not have extensive medical backgrounds but who play a vital role in **community safety and first response**. The course emphasizes **basic trauma care skills, ethical responsibility, and teamwork**, ensuring that participants can provide meaningful assistance until professional emergency medical services arrive.

Core Training Areas

- **Scene safety and patient assessment** – Recognizing hazards and prioritizing care.
- **Airway and breathing support** – Simple techniques to maintain open airways and assist breathing.
- **Bleeding control** – Practical methods for managing haemorrhage, including pressure application and bandaging.
- **Immobilization basics** – Introduction to stabilizing fractures and spinal injuries.
- **Environmental and situational care** – Responding to trauma in diverse settings such as road accidents, workplaces, or community events.
- **Communication and teamwork** – Coordinating with peers and emergency services for effective response.

Target Audience

- Community members and volunteers
- Workplace safety officers
- Entry-level healthcare workers
- First responders seeking foundational trauma training

Benefits

- **Accessible learning:** Designed for individuals with limited or no prior medical training.

- **Confidence to act:** Empowers participants to step forward in emergencies.
- **Pathway to advanced ITLS courses:** Serves as a stepping stone toward ITLS Duty To Respond (DTR) and ITLS Combined training.
- **International recognition:** Accredited under ITLS standards, ensuring credibility and consistency worldwide.

In short, ITLS Access Training is about **opening the door to trauma care education**—providing the essential skills, confidence, and ethical grounding to respond effectively when emergencies strike.